

**THE INDOOR GOLF ACADEMY
5 HALF DAYS - SUMMER GOLF CAMP for KIDS**

Maximum of 6 children per session per age group. Must book in advance cost is \$250 / kid + HST.
(camps are from Monday to Friday 10am until 3pm)

Two age groups - 7-10 years old and 11-14 years old

All kids must have own golf clubs, we recommend to have minimum a beginner's sets (PW, 7Iron, Driver or 3Wood and Putter). Must wear comfortable sports type clothes and shoes. All kids must bring their own lunch, we do provide fresh fruit and drinking water.

Dates of camps:

1. Ages 7-10years old
- 4th to 8th of July 2022 and 8th to 12th of August 2022

2. Ages 11-14 years old
- 11th to 15th of July 2022 and 15th to 19th of August 2022

Curriculum:

DAYS/HOURS	10am-11am	11am-12noon	12noon-13pm	13pm -14pm	14pm-15pm
Monday	Fitness, Stretching Exercises	Hand to Eye Wedge shots Ping Pong	Lunch- Talks Eating well Eating healthy	Golf basics Grip, stance, posture, swing	Basic putting Play Putt Putt
Tuesday	Fitness, Stretching Exercises	Hand to Eye Wedge shots Ping Pong	Lunch- Talks Eating well Eating healthy	Swing short clubs	Basic putting Play Putt Putt
Wednesday	Fitness, Stretching Exercises	Hand to Eye Wedge shots Ping Pong	Lunch- Talks Eating well Eating healthy	Swing short clubs	Play Par 3
Thursday	Fitness, Stretching Exercises	Hand to Eye Wedge shots Ping Pong	Lunch- Talks Eating well Eating healthy	Swing Mid Irons	Play Par 3
Friday	Fitness, Stretching Exercises	Hand to Eye Wedge shots Ping Pong	Lunch- Talks Eating well Eating healthy	Swing woods and driver	Play Full Course

For registrations or any questions contact The Indoor Golf Academy at 226-647-4653

